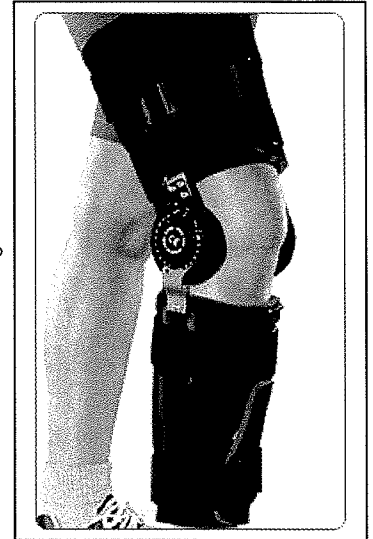


Post-Operative Knee Brace

Bledsoe OR

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- Straps engage and lock to brace uprights — stopping the leg within the proper range for safety.
- Simple Hinge provides fast and easy adjustment with flexion limits of 0 to 135° and extension limits of 0 to 90° in 15° increments.
- QuikLok mechanism enables rigid extension with a flip of two cam action levers.



Application Instructions:

- Place the open brace under the affected leg.
- Line the hinge up at the center of the knee, where the knee bends. Be sure not to place the hinge too far forward or too far down the leg.
- Apply the calf pads overlapping one over the other and firmly fasten the calf strap. This will help to prevent slippage.
- Apply the thigh pad and fasten strap.

Simple Hinge Instructions:

- Do not change ROM hinge unless instructed by your physician or physical therapist
- Note the present limits by viewing the pins visible in the dial holes.
- Place the hinge in between the limits of desired motion before attempting to set the limits.
- Rotate the dial towards the scale marked EXTENSION until the disc pops out. Now rotate the dial to the desired extension setting. Push in on the disc firmly until it is seated, and while holding the disc in, rotate the dial back to the original “LOCK” position to capture the setting.
- Rotate the dial towards the scale marked FLEXION until the disc pops out. Rotate the dial to the new desired setting. Push in on the disc until seated, and while holding the disc in, rotate the dial back to the “LOCK” position to capture the limit. The limits are now set.

Tips:

- Remove and apply your brace with your leg flat on the floor in full extension..
- Align the hinge to knee center first, then make sure metal bars are at the midpoint on each side of your leg.
- The calf strap must be snug to avoid sliding
- The foam pads may be washed with cold water and mild detergent and air dried.

Please contact us with any problems or questions: 866-225-8839