

Post-Operative Hip Brace

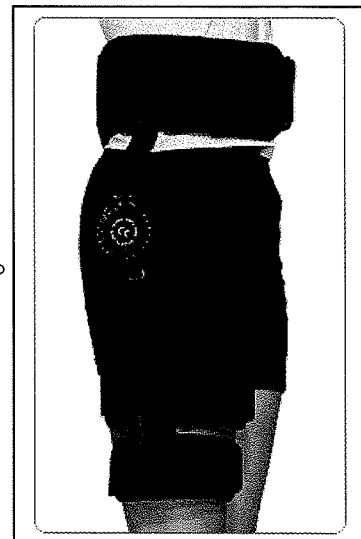
Bledsoe OR

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- Straps engage and lock to brace uprights — stopping the leg within the proper range for safety.
- Simple Hinge provides fast and easy adjustment with flexion limits of -30 to 105° and extension limits of -30 to 60° in 15° increments.
- QuikLok mechanism enables rigid extension with a flip of two cam action levers.

Application Instructions:

- Place the open brace next to the affected hip, the center of the hinge should be in line with the hip bone; remember not to place the hinge too far forward or too far down the leg.
- Apply the abdominal pad by securing the Velcro strap onto the moldable pad.
- Apply the thigh pad and fasten strap.



Simple Hinge Instructions:

- Do not change ROM hinge unless instructed by your physician or physical therapist
- Note the present limits by viewing the pins visible in the dial holes.
- Place the hinge in between the limits of desired motion before attempting to set the limits.
- Rotate the dial towards the scale marked EXTENSION until the disc pops out. Now rotate the dial to the desired extension setting. Push in on the disc firmly until it is seated, and while holding the disc in, rotate the dial back to the original “LOCK” position to capture the setting.
- Rotate the dial towards the scale marked FLEXION until the disc pops out. Rotate the dial to the new desired setting. Push in on the disc until seated, and while holding the disc in, rotate the dial back to the “LOCK” position to capture the limit. The limits are now set.

Tips:

- Remove and apply your brace while either standing or lying down.
- Align the hinge to hip center first, then make sure metal bars are at the midpoint on each side of your torso.
- The waist strap must be snug to avoid sliding
- The foam pads may be washed with cold water and mild detergent and air-dried.

Please contact us with any problems or questions: 866-225-8839